

Douglas Academy



S4-S6 Achievement Opportunities 2025-2026

Name: _____

Introduction

The **Achievement Opportunities** will enable you to;

- Reflect on and discuss the skills you are developing and how these apply to wider contexts.
- Take responsibility for developing and enhancing transferable skills and attributes.
- Access accredited wider achievement opportunities.
- Act as an excellent role models to younger pupils by showing compassion, ambition, resilience and effort.
- Make positive contributions to the life of the school and local community.

Volunteering - Saltire Awards

Saltire Awards are the Scottish Government's National Youth Volunteer Awards. The awards recognise and celebrate the commitment, contribution and achievements of young volunteers in Scotland. They are aimed at young people aged 12 - 25 who provide support to their communities and good causes. Young people gain nationally recognised certificates, signed by Scottish Government Ministers, for the different amounts of volunteering they do.

There is a tutorial video below which explains the process for signing up for a personal Saltire account. You will need the name, email address, and contact number of the manager who will oversee your volunteering (e.g guides leader, charity shop manager, sports coach etc.). Please note, there is no limit to the number of volunteering roles you can add. Once you have signed up, please inform Miss Gilbride.

https://www.youtube.com/watch?v=J_e335Ggew4

If you are volunteering **within** school (helping at extracurricular clubs, adopting the role of Mental Health Ambassadors, supporting classes etc.) you should log your hours in the logbook provided by Miss Gilbride. At the end of the academic year, you will be presented with your Saltire certificate. This certificate will include a claim code, as highlighted in the video, you can add this to your personal account.

If you have any questions, please see Miss Gilbride.

Below is a table of all of the clubs/activities that take place in school every week.

Yellow- Indicates S1-S3 clubs/activities that you can help lead and support. Please contact the lead member of staff if you would like to volunteer at a specific club/activity.

Green- Indicates a club/activity that S4-S6 pupils can participate in.

At the back of the booklet, you will find a range of Additional Wider Achievement opportunities.

MONDAY

Lunchtime Clubs/Activities:

Club	Location	Time	Teacher	Other Information
Coding Club (S1-S6)	CR2	12.35pm-1.25pm	Mrs Tuohy	Bring your lunch.
Junior Choir (S1-S3)	Assembly Hall	12.50pm-1.25pm	Mr Morrow	N/A
Reading Ambassadors (S1-S6)	Library	12.45pm-1.25pm	Mrs Baxter Ms Vaughan	For keen readers, we work on producing a regular reading newsletter. Pupils should bring their lunch.
S3 Crest Awards	Science 2	Monday Lunchtime	Mrs MacLeod	N/A

Afterschool Clubs/Activities:

Club	Location	Time	Teacher	Other Information
Cheerleading Club (S1-S3)	Gym 2	12.35pm-1.25pm	Miss Fountain	Bring full PE kit and water. Hair tied back.

Tuesday

Lunchtime Clubs/Activities:

Club	Location	Time	Teacher	Other Information
Basketball	Games Hall	12.35pm - 1.15pm	PE Department	Bring full PE kit and water.
Wind Band	Assembly Hall	12.55pm -1.25pm	Mrs Reilly	N/A
S1/S2 Film Club	Room 22	12.25pm-1.25pm	Ms Hunter	Watch movies with your friends. Pupils should bring their lunch.

Afterschool Clubs/Activities:

Club	Location	Time	Teacher	Other Information
Sister Act Show S3-S6	Various Locations	Afterschool	Mrs Reilly Miss Seggie Mr Gavienas Mr Morrow	N/A
Rugby Club	Rugby Pitch	4.00pm – 5.00pm	Mr Kane	Led by WEST Coach

WEDNESDAY

Lunchtime Clubs/Activities:

Club	Location	Time	Teacher	Other Information
Debating (S1-S6)	Rm 20	12.35pm-1.25pm	Mr Sinclair	Bring lunch.
Volleyball Club	Games Hall	12.35pm - 1.20pm	PE Department	Bring full PE kit and water.
Drama Club	Contemplation Room	12.35pm – 1.20pm	Senior Pupils	N/A
S1/S2 Lego Club	D&T 2	12.25pm-1.25pm	Mrs Young	A quiet space to relax, build Lego and find new friends.
Second Orchestra (S1-S3)	Performance Space	12.55pm-1.25pm	Miss Seggie	N/A
S1-S3 Art Club	Art Room 3	12.25 -1.25pm	Miss Constantine	Bring your Lunch
S1-6 Mandarin Club	Room 12	12.25-1.25	Mrs Shovlin/Ms Du	Open to anyone interested in Chinese language and culture.
S3 Rocket Club	Science 1	Wednesday Lunchtime	Mr Dudman	N/A

Afterschool Clubs/Activities:

Club/Activity	Location	Time	Teacher	Other Information
Netball Club (S1-S4)	Games Hall	3.15pm – 4.15pm	Miss Douglas & Miss Cameron	Bring full PE kit and water. Hair tied back.
Dance Club (S1-S3) And School Show Dancers	Gym 2	3.15pm – 4.05pm	Mrs Martin	Bring dance/PE kit and water.
Running Club (S1-S6)	Outside/PE	3.15pm – 4.00pm	Mrs Tait	Bring full PE kit, wet weather clothing and water.
First Orchestra	Performance Space	3.15pm- 4.15pm	Mr Evans	N/A
Hockey Club S1-S6	Outside	3.15pm – 4.00pm	Ms Gerrard	Bring full PE kit, wet weather clothing and water

THURSDAY

Lunchtime Clubs/Activities:

Club/Activity	Location	Time	Teacher	Other Information
Gymnastics (S1-S6)	Gym 2	12.35pm-1.20pm	Mrs Cassidy	Full PE kit, packed lunch and can eat in gym 2. Arrive on bell to maximise time.
S1/S2 CAD/CAM Club	D&T	12.55pm-1.25pm	Miss McAlinden	Learn how to use computer modelling software and the 3D printer.
Badminton S1-S3	Games Hall	12.35pm - 1.20pm	PE Department	Full PE kit and water.
S1 Business Enterprise	Room 30	12.35 - 1.20	Miss Lipset /Miss Bull	The Business Enterprise Club is open to S1s who are interested in creating exciting products to sell at Halloween and Christmas!
S1/S3 Rights Respecting Schools	Science 7	12.35 - 1.25	Miss MacFarlane	Join our Rights Respecting Schools pupil group and help us work towards our gold award. We will be planning fundraising events and raising awareness of RRS!
Senior Choir	Performance Space	12.35pm- 1.20 pm	Mr Evans	N/A

Afterschool Clubs/Activities:

Club/Activity	Location	Time	Teacher	Other Information
Girls Football (S1- S3)	Football Pitch	4.00pm - 5.00pm	Miss Cameron	Full PE kit and water.
Girls Football (S4- S6)	Football Pitch	4.00pm - 5.00pm	Miss Cameron	Full PE kit and water.

FRIDAY**Lunchtime Clubs/Activities:**

Club	Location	Time	Teacher	Other Information
Scripture Union (S1- S6)	Rm 17	12.35pm-1.25pm	Jim Dunn	Bring your lunch and pop in as soon as you can.
Volleyball Club S4-S6	Games Hall	12.35pm-1.25pm	PE Department	Full PE Kit and water
S1/S2 Science Club	Science 2	12.35pm-1.25pm	Mrs MacLeod	N/A

Additional Activities (take place on a variety of days/times)

- School Football Teams
 - S4 Boys Team
 - S5/S6 Boys Team
 - S4-S6 Girls Team
- School Netball Teams
 - S5/S6 Team
- S3-S6 Podcast Group (Mr Morrow – Music Rm 2)

Additional Wider Achievement and Pupil Leadership Opportunities

Club	Year	Staff Member	Skills you can develop
Anti-Racist Education Working Group This pupil and staff working group will focus on reviewing existing approaches to anti-racist education in light of Scottish Government guidance.	S4-S6	Mr Sinclair	Communication, Leadership, Planning and Organising, Personal Learning and Taking Responsibility.
DA'rista Young people can volunteer at our school-run coffee shop undertaking a variety of roles such as; Barista, Server, Till Operator, Cleaner, and Stock Taker.	S4-S6	Mrs McDaid	Communication, Leadership, Planning and Organising, Personal Learning, Taking Responsibility, Management and Time Management.
Duke of Edinburgh (Bronze-Gold) This award allows pupils to take part in a range of activities, leading to the achievement of an award that is recognised by universities and employers, as well as enabling pupils to develop new and existing skills by participating in enjoyable experiences.	S4-S6	Miss Johnson/Miss Gilbride	Leadership, Communication, Problem Solving, Planning and Organising, Personal Learning, Taking Responsibility, Management, Time Management, ICT, Co-operation, Critical and Creative Thinking.

Equally Safe at School Working Group This pupil and staff working group is focused on reviewing the school's approaches to misogyny and gender-based violence. The group has adopted the Equally Safe at School Framework and will work over this session and next to implement it.	S4-S6	Mrs McDowell	Communication, Leadership, Planning and Organising, Personal Learning and Taking Responsibility.
LGBTQ+ Group The group carry out a range of activities to raise awareness and create an inclusive environment for all members of the school community.	S4-S6	Miss Bengarra	Interpersonal skills, Personal Learning, Problem Solving and Communication.
Subject Department Volunteers Young people can volunteer in any department across the school, helping with resource management, updating notice boards and supporting learning in classes.	S4-S6	PT Subject	Communication, Leadership, Planning and Organising, Personal Learning, Taking Responsibility, Management and Time Management.
Mental Health Ambassadors This is a peer mentoring initiative and involves senior pupils participating in training that improves their ability to support pupils in S2 with their mental health and wellbeing.	S5	Mrs Cassidy	Leadership, Communication, Problem Solving, Planning and Organising, Personal Learning, Taking Responsibility, Management, Time Management, ICT, Co-operation, Critical and Creative Thinking.
The Mark Scott Award The Outward-Bound Trust provides an innovative programme, which helps young people develop skills that they can use in business or other organisations.	S6	Mr Calvert	Team Building, Project Management and Leadership.

Mentors in Violence Prevention (MVP) This programme involves senior pupils being trained as 'MVP Mentors', who deliver a series of lessons focusing on gender-based violence and bullying to S1 pupils.	S6	Mr Stepney	Leadership, Communication, Problem Solving, Planning and Organising, Personal Learning, Taking Responsibility, Management, Time Management, ICT, Co-operation, Critical and Creative Thinking.
Breakaway: St Paul's Church This project is focused on S6 pupils supporting members of the community suffering from Dementia and Alzheimer's disease. The group meets at St Paul's Church on a regular basis and provides an informal setting where people with dementia can meet up and socialise.	S6	Mr Sinclair	Communication, Interpersonal, Responsibility, Talking and Listening.
Prom Committee This initiative allows pupils to take responsibility for the organisation of the end of year prom. Tasks include; liaising with venue/DJ/ providers, table planning and presenting details at assemblies and to parents/carers.	S6	Mr Neill	Communication, Time Management, Organisation and Negotiation.
Silver Surfers The Silver Surfers group was set up to support Milngavie Library's Tuesday morning IT group for older members of the community. Pupils attend the library and support the group with their IT skills and any problems they have with their devices.	S6	Mrs Tuohy	Communication, Interpersonal, Responsibility and Problem Solving.
Yearbook Committee This initiative allows pupils to take responsibility for the creation and production of the S6 Yearbook. Tasks include: liaising with peers, presenting at assemblies and organising layouts.	S6	Mr Sinclair	Communication, Time Management, Planning and Organising, Responsibility and Creative Thinking.

<p>S6 Science Ambassador</p> <p>Pupils have the option to pick one of the things below to become an S6 Science ambassador.</p> <ul style="list-style-type: none"> • Help in junior S1/2 science classes up to Christmas (this would help the pupils gain volunteering hours for a saltire award). • Do some jobs for science teachers - cutting, laminating, counting & boxing materials • Help at or run a junior science club • Help to run the pupil focus groups in science. <p>We are open to any other suggestions as well if there is anything else you would like to do.</p>	S6	Miss MacLeod	Communication, Interpersonal, Responsibility and Problem Solving.
<p>Erskine Veterans Charity Volunteering –</p> <p>Young people in S6 have the chance to volunteer at Erskine Veterans Charity, helping to make a difference to many veterans' lives. Young people receive training which helps them understand how to best support the residents and any how to effectively carry out their specific volunteering role.</p>	S6	Mr Sinclair	Leadership, Compassion and Taking Responsibility.

<p>Mentor Programme – As part of our commitment to promoting pupil wellbeing, we offer our S5 pupils the opportunity to become mentors for our S1 pupils.</p> <p>This valuable programme begins with pupils receiving specialised training from MCR Pathways. This training ensures our S5 pupils are fully prepared and qualified to support their S1 mentees effectively. Mentors meet with their assigned S1 pupil on a weekly basis for a wellbeing catch-up, offering support, guidance and advice wherever possible. This is a fantastic opportunity for our senior pupils to develop leadership skills and make a tangible difference in the lives of our younger pupils at Douglas Academy.</p>	S5	Mr Hutcheson	Leadership, Compassion and Taking Responsibility.
<p>Litter Picking Group – As part of our commitment to keeping the school grounds and local community beautiful, S6 pupils can participate in litter picking activities.</p>	S6	Mr Sinclair	Taking Responsibility, Leadership and Citizenship.