

NATIONAL 5 PE FAMILY LEARNING EVENT

MR STEPNEY

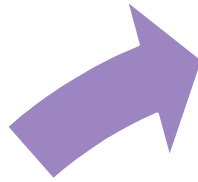
Aims for the session:



- Course Overview and Assessment.
- Assessment Timeline.
- Supporting the young people.

National 5 Content

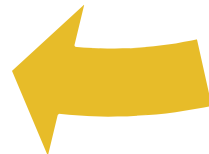
**Monitor
and
evaluate**



**Factors that
impact
performance**



**Gathering
information**



**Approaches
to develop**



Assessment



- **Practical:** 2 x '1 off performance'
- **Theory:** Q1 (strict exam conditions).
- **Theory:** Portfolio consisting of 18 questions (under strict exam conditions with access to some notes).

Assessment Timeline



Practical

First 'one off' performance: December.

Second 'one off' performance: February.

Assessment Timeline



Theory

Portfolio

- Q1 (8 marks) September.

Portfolio

- Q2a-3f (total of 18 questions).
- Begin during the first week in January.
- 15 periods to complete.

Supporting our Young People

Command Words

Describe	Explain
<ul style="list-style-type: none">• What is called?• What a performance / approach / method looks like.• The process you go through.	<ul style="list-style-type: none">• Providing benefits• Providing reasons
Describe means using like:	Explain means using phrases like:
<ul style="list-style-type: none">• The sheet is made up of...• To complete this ↓...• This involved...	<ul style="list-style-type: none">• Because ...• So that...• In order to allow me to ...• To make sure that ...• To provide me with the opportunity to ...• As a result...• This means that...• This allows ...• Consequently

Teachers



Parents



Students

Supporting our Young People

Describe

- What does it look like?
- What are the main features?
- More than an outline or list.



Explain

- Make points which relate cause and effect.
- Make relationships between things clear demonstrating understanding.



Describing at home



I am making spaghetti bolognaise. The equipment I need is a sharp knife, two large pots, a large spoon, a grater, a drainer, two plates, cutlery. Firstly I brown 500g of steak mince in a large pot with a smearing of oil to avoid burning the mince. I finely chop two red onions and add them to the pot. 2 large grated carrot are next to thicken the mince. At this point I wash and chop some button mushrooms. While all this is happening I boil a pot of water for the pasta. I measure out 400g of spaghetti and place into the boiling water with a pinch of salt. I crush 4 cloves of garlic and add them to the diced peppers in the pan. Finally I add my gran's famous tomato based sauce. This is the most important part of the cooking process, I bring the mince to a simmer and leave for 15 minutes to soak up the flavours. To serve I drain the pasta and place it on a plate, I place a dollop of mince on top with some grated parmesan cheese. After making the dinner I pay my little brother to do the dishes.

Explaining at home



I want that car because it has four doors, this means that I don't need to get out the car when I pick up my friends they can just jump right in. As a result, I don't get wet or stressed from constantly getting in and out to let people in.

Another reason is I'd prefer to drive a petrol car is that the current oil prices mean that diesel is incredibly expensive. Consequently, buying a petrol car will allow me to get more use out of the car because I can afford the cost of fuel.

This car also has excellent boot capacity, this means that when I go camping with the lads all our equipment can fit in the boot, therefore, we are always prepared for every eventuality because we have enough kit. There is also plenty of space inside the car to spread out and relax during the journey.

Finally, the integrated sat nav and stereo system are high quality this means that I can travel to places without getting lost whilst listening to great beats. For example. . .

Additional Support



- Homework
- Use of Planner
- Supported study
- Study techniques: mind-maps, quizzing, study cards, effective note taking.